

All of our clinicians work with clients in the area of anxiety, depression, mood disorders, stress management, grief and loss, self-esteem and relationship issues. All of our clinicians have been trained in Cognitive Behavioural Therapy. We have clinicians who speak Portuguese, Arabic and Hebrew.

CLINICIAN	CREDENTIALS	SPECIALIZED CLINICAL INTERESTES	AGE OF CLIENTS
Dr. Marla McGregor (Co-Director)	PhD., Clinical and Rehabilitation Psychologist	Emotional-Focused Therapy, PTSD, motor vehicle accidents, WSIB	18+
Dr. Maria Antoniou (Co-Director)	PhD., Clinical and Counselling Psychologist	Eating disorders, families, parenting and behaviour issues, WSIB	6+
Kyla Baird	M.A., PhD. Candidate	Eating disorders, families, parenting and behaviour issues	6+
Souha Bawab	M.A., Psychological Associate (Supervised Practice)	Trauma, addictions	18+
Dr. Melanie Cochrane	Ph.D., Clinical and Neuropsychologist (Supervised Practice)	MVA	9+
Dr. Ilana Davine	PsyD., Clinical and Counselling Psychologist	LGBTQ+, sexual and gender identity, substance addictions, issues with self harm behaviours.	13+
Dr. Jenn Deffendall	PhD., Clinical and Rehabilitation Psychologist	PTSD, chronic pain, addictions, substance abuse, smoking cessation, motor vehicle accidents	18+
Dr. Mary Lees	PhD., Clinical Psychologist	Eating disorders	18+
Dr. Frida Marshi Nasser	PhD., Clinical and Rehabilitation Psychologist (Supervised Practice)	PTSD, chronic pain, trauma, motor vehicle accidents, WSIB	6+
Katarina O'Donnell	M.C., Counselling Psychologist	Relationship and individual issues, life transitions, emotional regulation	18+
Dr. Susan Sprokay	Psy.D., Clinical and Neuropsychologist (Supervised Practice)	Trauma, life changes	18+
Dr. Karina Zorzella	PhD., Clinical and School Psychologist (Supervised Practice)	Psycho-educational testing, early childhood trauma, PTSD, WSIB	Infants+
Donna Cormier	M.S.W., R.S.W	Couples, trauma, PTSD	7+
Laura Demoe	M.S.W., R.S.W, C.S.A.T	Emotion-Focused Therapy, couples, trauma, addictions, sexual addictions, PTSD	18+
Catherine Morris	M.S.W., R.S.W	Couples, families, trauma, relationship struggles (post separation "co-parenting")	6+
Jackie Tapper-Atkinson	M.S.S., R.S.W	Emotion-Focused Therapy, couples, eating disorders	12+
Mary Cook	B.Sc., M.Ed., R.P.T	Emotion-Focused Therapy, Couples	6+
<b>Dietitian</b>			
Elizabeth Gullaher	R.D., M.H.Sc.	Eating disorders, general nutrition, couples nutrition	12+